

## **Invisalign**

Invisalign is a market leading clear aligner system which aligns teeth to improve your smile. It combines years of research, treatment of millions of patients and the latest technology to provide you with a discreet and safe option to align your smile and improve your confidence.



***SmartTrack Invisalign Aligner***

Invisalign clear aligners give you the benefit of:

- ∂ SmartTrack material – more comfortable and easier to take in and out than other clear aligner systems
- ∂ 3D Intra-oral scans - as an alternative to traditional impressions this helps to make the process more comfortable but also allows your Dentist to personalise your treatment plan and simulate the customised result we can achieve
- ∂ Mapping software for predictability of your treatment outcome
- ∂ Clear, discreet aligners which can be removed conveniently for eating and drinking.
- ∂ SmartForce attachments – small tooth coloured attachments to help put pressure in certain areas to move teeth.



***SmartForce attachments***

Following an intra oral scan and consultation your Dentist will plan your treatment on the Invisalign software, setting out each adjustment for each aligner to formulate a customized plan to achieve alignment of your teeth and show you the achievable end result on the 3D software.

Treatment can be carried out in as little as 6 months depending on your requirements. We usually treat both the upper and lower jaws even if one only requires minor adjustment. This is to ensure at the end of treatment your teeth are not only aligned but also have a comfortable and stable bite for functional purposes.

### **Living with Invisalign**

You will attend the practice once per month for your Dentist to assess and track your progress and set out a plan for the following month. You will be given any aligners required for the next month and instructions as to how and when to change them. SmartForce attachments may also be altered at these appointments.

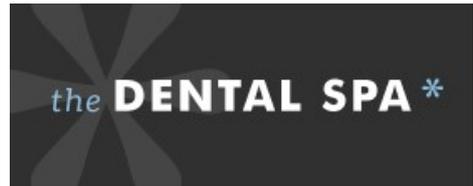
During treatment you will be required to:

- ∂ Wear the aligners for at least 22 hours each day
- ∂ Remove the aligners before eating and drinking
- ∂ Brush your teeth and aligners before putting them back in

You should also be aware:

- ∂ Your speech may be different initially while your tongue gets used to having the aligners in but this should become normal again fairly quickly.
- ∂ You may have some pain and tenderness shortly after changing your aligners while your teeth begin to move but this will settle again.
- ∂ Following treatment you will be required to wear retainers to prevent teeth drifting from the achieved result, initially daytime and night time but progressing to night time only. – Please speak to a member of the team for more details.





The fees for Invisalign vary from £2500-£3800 depending on the complexity of what is required. Many patients choose to follow up Invisalign with our safe, effective and popular home whitening kit. The fee for this is £295.00, if you would be interested then please speak to a member of the team.

***For more information or to book in please contact us on 01743 343433 or email our Treatment Coordinator [rachellincoln@the-dentalspa.co.uk](mailto:rachellincoln@the-dentalspa.co.uk)***